

new year

RENEWED SKIN

Renew your skin with the feel of added hydration!



Morning Routine:

- 1. PRE-CLEANSE, CLEANSE, TONE:** Use your recommended Environ regimen.
- 2. MOISTURIZE:** Gently massage 1-3 drops of **Hydrating Serum** into the skin. Follow with your usual Environ vitamin A moisturizer.
- 3. SUN PROTECTION:** Apply your recommended SPF.

Evening Routine:

Complete 2-3 times per week in the evening for optimal results.

- 1. PRE-CLEANSE, CLEANSE, TONE:** Use your recommended Environ regimen.
- 2. MASQUE:** Apply a thin layer of the **Revival Masque** and leave on for 10-20 minutes. Then, gently massage in a circular motion to polish and purify the skin. Wash off masque with tepid water and moisturize.
- 3. MOISTURIZE:** Gently massage 1-3 drops of **Hydrating Serum** into the skin. Follow with the contents of one **Hydrating Oil Capsule** to the entire face area and/or apply over your usual Environ vitamin A moisturizer.

Option:

Apply Revival mask over Hydrating serum and HOC as an overnight mask.

PLEASE NOTE: If you are pregnant, nursing or using Accutane, please check with your physician before using any Environ® products.

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